

QUESTIONS

For weather-related cancellations contact the court where you're planning to attend the class. Please see the list of court contacts on this brochure.

For questions about class content or instructors, call UVM Extension at 1-800-639-2130 (toll-free in Vermont).

The instructors will confirm your attendance with the court. A certificate of completion is available from the instructors by request.

Past participants have commented that they recommend that *parents take the class right away* to be fully equipped to help their children through the family changes.



VERMONT COURTS BY COUNTY

ADDISON 802-388-7741	7 Mahady Court Middlebury, VT 05753
BENNINGTON 802-447-2727	200 Veterans Memorial Drive Bennington, VT 05201
CALEDONIA 802-748-6600	1126 Main Street, Suite 1 St. Johnsbury, VT 05819
CHITTENDEN 802-651-1709	32 Cherry Street, Suite 200 Burlington, VT 05401
ESSEX 802-676-3910	P.O. Box 75 Guildhall, VT 05905
FRANKLIN 802-524-7997	36 Lake Street St. Albans, VT 05478
GRAND ISLE 802-372-8350	P.O. Box 7 No. Hero, VT 05474
LAMOILLE 802-888-3887	P.O. Box 570 Hyde Park, VT 05655
ORANGE 802-685-4610	5 Court Street Chelsea, VT 05038
ORLEANS 802-334-3305	247 Main Street, Suite 1 Newport, VT 05855
RUTLAND 802-786-5856	9 Merchants Row Rutland, VT 05701
WASHINGTON 802-479-4205	255 North Main Street, 2 nd Floor Barre, VT 05641
WINDHAM 802-257-2800	30 Putney Road, 2 nd Floor Brattleboro, VT 05301
WINDSOR 802-295-8865	82 Railroad Row White River Jct., VT 05001

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EXTENSION

COMMUNITY



Coping with

Separation & Divorce

A Parenting Seminar

Learning about family
transitions from the
child's perspective



UNIVERSITY OF
VERMONT

EXTENSION

CULTIVATING HEALTHY COMMUNITIES

COPING WITH SEPARATION AND DIVORCE

A Parenting Seminar

COURT PROCEEDINGS AND FAMILY RESTRUCTURING CAN BE STRESSFUL

“Coping with Separation and Divorce” is a four-hour educational program focused on the needs of children. This is a collaborative program of UVM Extension and the Vermont Superior Court Family Division; UVM Extension provides training and materials to experienced instructors throughout the state.

SEMINAR TOPICS

- The process — from the child’s point of view
- Typical reactions of children
- Development needs of children
- Effective parenting skills
- Pitfalls to avoid
- Communication between parents
- Protecting children from adult conflict

LOCATIONS

Classes are held at local courts; see list on the back of this brochure.



WHO SHOULD ATTEND?

Parents (of minor children) involved in divorce, establishment of parentage, separation and changes in parental rights and responsibilities are required by Vermont court judges to attend the seminar.

Family and friends supporting a parent, professionals, college students and others from the community may attend when registered in the same manner as parents.

Children may not attend; program content is for adults only.

COMMENTS FROM PARENT PARTICIPANTS

“I recommend it to anyone who wants a child’s perspective or ... an amicable divorce.”

“I believe everyone in divorce/separation cases should take this. We can all learn something.”

“Thank you. Finally the kids are put first and foremost!”

Preview the Parent Handbook, find resources, watch the COPE video, and REGISTER at

www.uvm.edu/extension/cope

REGISTRATION INFORMATION

REGISTER FOR COPE ONLINE

Registration is available online with a credit or debit card. Choose a class from the 11 courts where the class is held. **Pre-registration is required.**

The cost is \$75 (per participant).

See the class schedule and register
www.uvm.edu/extension/cope

To request an *Application for a Reduced Fee*, please contact the court where your case is filed. When your application is approved you will be given a code to use for registering online.

To request a *disability-related accommodation* to participate in this program, please contact the court where your case is filed at least three weeks before your program date so we may assist you.

If you prefer to *take the class separate from your child’s other parent* contact the court where your case is filed to discuss this request.

Unable to register online; contact the court where your case is filed to register and pay with a check, money order or cash.

Mail-in or in-person registrations at the court should include the following information:

- Name (as it appears in court records)
- Telephone number
- Docket number
- Requested class date and location

See court addresses on this brochure.

